**QUICK GUIDE TO SAN GABRIEL RIVER TRAIL**

**DESCRIPTION:** This multi-use trail runs north-south, stretching from Azusa to Seal Beach. Though the trail travels through an urban environment, adjacent parks and natural features help diversify the landscape. The San Gabriel Mountains in the distance provide a scenic background for northern portion of the trail, whereas the ocean serves as a destination point to the south. The trail is a popular bicycle route.

**DIRECTIONS:** The northern trailhead can be accessed from the San Gabriel River Parkway in Pico Rivera. From the 60, exit at Rosemead Blvd and head south. Follow signs to stay on Rosemead Blvd for 2.4 miles. Turn left on E. Beverly Blvd. Turn left on San Gabriel Parkway. Trail access will be on the right. See segment Quick Guides for additional access point locations.

**Length:** 35.36 miles  
**Avg Width:** 8.67 feet  
**Elevation Gain:** 699 feet
DESCRIPTION: The San Gabriel River Trail begins at the Pacific Ocean and travels north along a fairly straight path through the City of Long Beach. This entire trail segment follows a channel, but the southern part of this segment is wide with an earthen bottom and riparian vegetation. As it reaches the confluence of the San Gabriel River and Los Alamitos Creek, the trail narrows into a concrete channel before passing through the large El Dorado East Regional Park.

DIRECTIONS: This segment can be accessed by most major east-west connector streets crossing the river. Most of these access points do not include parking and only serve as pedestrian and bicycle access to the trail.

Access & Features
- End of Public Trail
- Trail Access Point
- Bench
- Water Fountain

Trail Type
- Flood Control Channel

San Gabriel River Trail Length: 35.36 miles
Segment Length: 6.71 miles
Segment Avg Width: 6.31 feet
Segment Elevation Gain: 36 feet
San Gabriel River Trail Overview

SAN GABRIEL RIVER TRAIL OVERVIEW

DESCRIPTION: This segment of the San Gabriel River Trail begins just below Firestone Boulevard where the channel moves into a concrete channel. The segment is more formal than the upper segment with less riparian vegetation and utility towers running along the western edge. However it passes numerous parks, including Byron Zinn, Flora Vista and Bellflower City in Bellflower; Westgate and Liberty in Cerritos; Monte Verde and West San Gabriel River Parkway Nature Park in Lakewood; as well as future parks in the parallel utility corridor.

DIRECTIONS: This segment can be accessed by most major east-west connector streets crossing the river. Most of these access points do not include parking and only serve as pedestrian and bicycle access to the trail.
DESCRIPTION: This segment of the San Gabriel River Trail begins where the trail moves out of the concrete channel just north of Firestone Boulevard. The channel is wide here with a mostly earthen channel bed and a larger floodplain compared to other parts of the trail. This segment of the trail passes Santa Fe Springs Park in the City of Santa Fe Springs and Wilderness and Rio San Gabriel Parks in the City of Downey, eventually ending south of Pio Pico Park in the City of Whittier.

DIRECTIONS: This segment can be accessed by most major east-west connector streets crossing the river. Most of these access points do not include parking and only serve as pedestrian and bicycle access to the trail.
DESCRIPTION: This segment of the San Gabriel River Trail is popular amongst cycling enthusiasts due to its many trail junction points. As it progresses north, the trail moves from a flood control channel, where it is used by local residents, cyclists, and runners, into a natural trail. Natural segments of trail typically consist of equestrian trail users. The trail continues to follow the 605 freeway north away from the City of Whittier where trail users can expect to see great views of Schabarum-Skyline and native wildlife.

DIRECTIONS: From the 605, turn on to Rooks Rd. Turn right on to Pecks Rd. heading north. Stay on Pecks Rd until Durfee and turn left. Turn left into Whittier Narrows Nature Center and access the San Gabriel River Trail via WNRA Trail.

San Gabriel River Trail Length: 35.36 miles
Segment Length: 4.62 miles
Segment Avg Width: 8.62 feet
Segment Elevation Gain: 76 feet
DESCRIPTION: This portion of the San Gabriel River Trail begins in the flood control channel, but then becomes a natural trail with a sandy trail surface, popular with equestrian riders. Most of this trail is situated next to residential areas, as well as several schools to the west. Trail users should try to utilize this trail early in the morning as there are few shade elements. The width of this trail segment is relatively inconsistent after it leaves the flood control channel.

DIRECTIONS: There are several access points located along this segment of trail. The main access point is located just off of Ramona Blvd. There is some parking within the local neighborhoods but no parking directly adjacent to the trail.

Access & Features
- Trailhead
- End of Public Trail
- Trail Access
- Bench
- Trail Junction

Trail Type
- Natural Trail
- Flood Control Channel

San Gabriel River Trail Length: 35.36 miles
Segment Length: 4.45 miles
Segment Avg Width: 12.51 feet
Segment Elevation Gain: 88 feet

San Gabriel River Trail Length: 35.36 miles
Segment Length: 4.45 miles
Segment Avg Width: 12.51 feet
Segment Elevation Gain: 88 feet
San Gabriel River Trail Length: 35.36 miles
Segment Length: 5.28 miles
Segment Avg Width: 10.45 feet
Segment Elevation Gain: 177 feet

DESCRIPTION: This trail segment is not paved with riparian vegetation and wildlife. Trail users can expect great views of the Puente Hills, as well as the San Gabriel Mountains. This segment is situated in a semi-industrial area with major utility corridors.

DIRECTIONS: From the 210, head south on Buena Vista St. Then turn left onto E. Duarte Road. The trail access point is located at the corner of Highland Avenue and Buena Vista Street with limited parking throughout the business park.

Access & Features
- Trail Access

Trail Type
- Natural Trail
DESCRIPTION: This trail segment of the San Gabriel River Trail is highly natural and is surrounded by riparian vegetation and wildlife. Hikers can enjoy amazing views of the San Gabriel Mountains to the west and north. There is a residential area just north of the trail access point where most trail users can access the trail. Hiking enthusiasts will enjoy this trail segment, but the rock terrain is less than ideal for equestrian riders and cyclists. The trail goes under several major highways, such as the 605 and the 210.

DIRECTIONS: From the 605 freeway going north, turn right onto E. Huntington Dr. Then turn left onto Encanto Pkwy, which runs parallel to the trail. Parking is available within the residential area with several access points along the road.

SAN GABRIEL RIVER TRAIL OVERVIEW

San Gabriel River Trail Length: 35.36 miles
Segment Length: 2.84 miles
Segment Avg Width: 9.21 feet
Segment Elevation Gain: 184 feet

Access & Features
- Trailhead
- End of Public Trail
- Trail Access
- Picnic Area

Trail Type
- Natural Trail
SAFETY FIRST

In case of EMERGENCY dial 911.

For non-emergencies on County trails call the Los Angeles County Sheriff’s Parks Bureau Dispatch at (800) 834-0064.

HAZARDS ON THE TRAIL

Rattlesnakes occasionally sun themselves in the middle of the trail. If encountered, keep your distance and allow space for the snake to retreat.

Poison oak can be identified by groups of 3 leaves going up the branch. It’s best avoided by staying on the trail and wearing long pants and long-sleeved shirts to prevent contact with skin.

Ticks are most often found in shaded, grassy areas off the beaten path. Stick to established trails and wear long pants to avoid contact. Check for ticks frequently, especially the scalp, waist and other dark places where they can hide.

SHARE THE TRAIL

When trail conditions require a right of way for safe passage, equestrian users have the primary right of way, hikers next and then mountain bikers. When trail conditions allow and when there is width to safely pass, common courtesy should prevail for all users. Stand to one side of the trail and allow them to pass. When in a group, avoid blocking the trail. Mountain bikers yield to all trail users. Anticipate other trail users as you ride around corners. Mountain bikers traveling downhill must yield to all users, including other mountain bikers, headed uphill. In general, make each pass a safe and courteous one.

WHAT TO BRING

- Water for you and your animal(s)
- Trail map
- High energy snacks
- Waste bags for your dog
- First aid kit
- Extra clothing
- Sunglasses/hat
- Sunscreen
- Insect repellent
- Trekking poles (optional)
- Flashlight (optional)

ADDITIONAL RESOURCES

For information visit trails.lacounty.gov or any of our partners’ websites at nps.gov, parks.ca.gov, smmc.ca.gov, lamountains.com, or rmc.ca.gov.

Visitor Center for Santa Monica Mountains National Recreation Area, (805) 370-2300

MAP DISCLAIMER

This map was created for informational purposes only. Reasonable effort has been made to ensure the accuracy of the maps, images, and data provided; nevertheless, some information may not be accurate.