



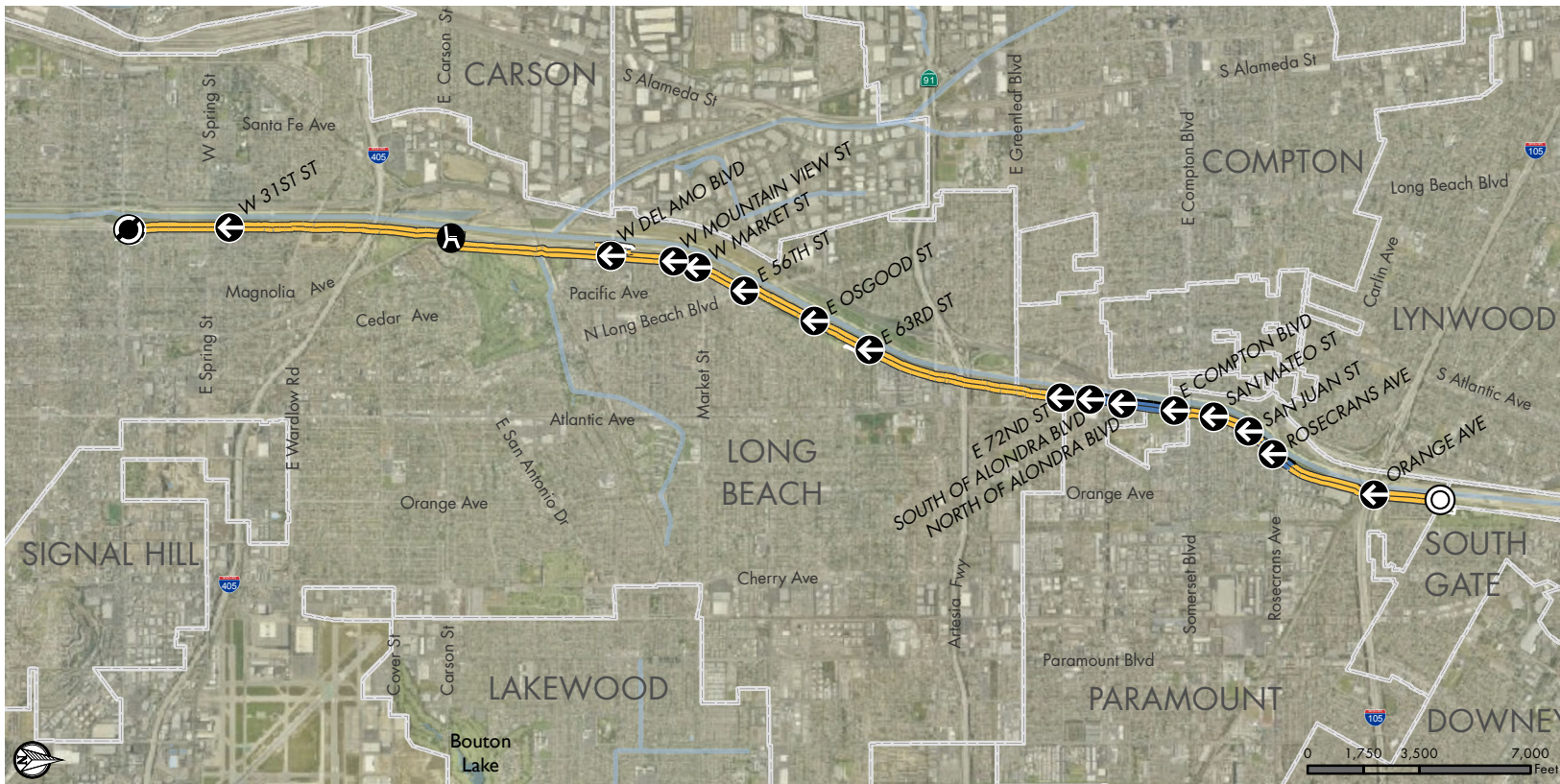
# QUICK GUIDE TO LOS ANGELES RIVER TRAIL

**DESCRIPTION:** This segment of County-managed trail along the Los Angeles River makes up a portion of the larger Los Angeles River multi-use trail corridor. This section of the trail passes south through South Gate, Paramount and Long Beach along both concrete channel segments and more naturalized ones, terminating approximately three miles from the Pacific Ocean. Continue north along the Los Angeles River to reach other completed segments of the trail or head east on Rio Hondo Trail.

**DIRECTIONS:** The trail may be accessed from many points along its route. The trailhead is located just north of the 105 and 710 freeway interchange. From the 710, exit at Imperial Highway and head east. Access is on the right after passing over the river.



**Length:** 8.69 miles  
**Avg Width:** 10.5 feet  
**Elevation Gain:** 72 feet

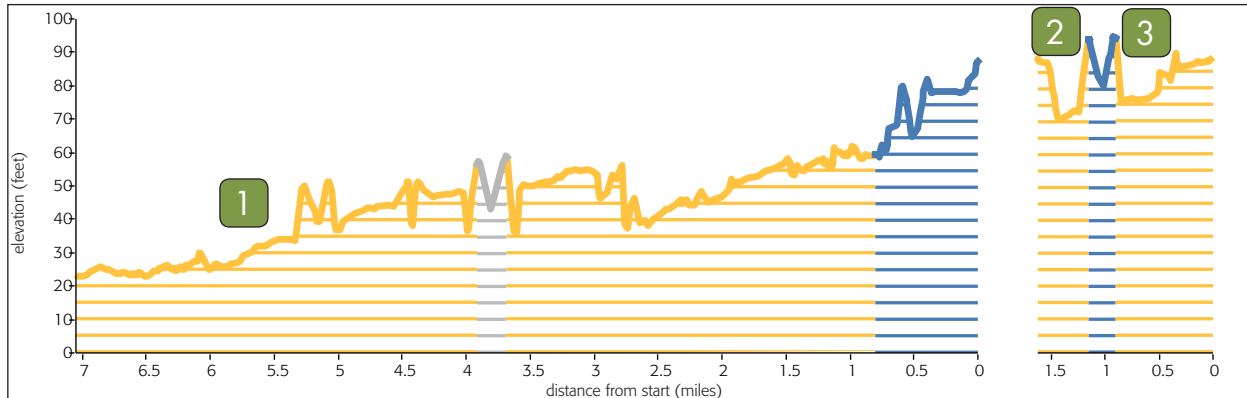


**Access & Features**

- Trailhead
- End of Public Trail
- Trail Access Point
- Bench

**Trail Type**

- Natural Trail
- Flood Control Channel
- Street/Sidewalk Trail



# QUICKGUIDE INFORMATION

COURTESY OF THE COUNTY OF LOS ANGELES | DEPARTMENT OF PARKS AND RECREATION

## SAFETY FIRST



In case of **EMERGENCY** dial 911.

For non-emergencies on County trails call the Los Angeles County Sheriff's Parks Bureau Dispatch at (800) 834-0064.

## HAZARDS ON THE TRAIL



Rattlesnakes occasionally sun themselves in the middle of the trail. If encountered, keep your distance and allow space for the snake to retreat.



Poison oak can be identified by groups of 3 leaves going up the branch. It's best avoided by staying on the trail and wearing long pants and long-sleeved shirts to prevent contact with skin.



Ticks are most often found in shaded, grassy areas off the beaten path. Stick to established trails and wear long pants to avoid contact. Check for ticks frequently, especially the scalp, waist and other dark places where they can hide.

## SHARE THE TRAIL



When trail conditions require a right of way for safe passage, **equestrian users have the primary right of way, hikers next and then mountain bikers**. When trail conditions allow and when there is width to safely pass, common courtesy should prevail for all users. Stand to one side of the trail and allow them to pass. When in a group, avoid blocking the trail. **Mountain bikers yield to all trail users**. Anticipate other trail users as you ride around corners. Mountain bikers traveling downhill must yield to all users, including other mountain bikers, headed uphill. In general, make each pass a safe and courteous one.

## WHAT TO BRING

- ✓ Water for you and your animal(s)
- ✓ Trail map
- ✓ High energy snacks
- ✓ Waste bags for your dog
- ✓ First aid kit
- ✓ Extra clothing
- ✓ Sunglasses/hat
- ✓ Sunscreen
- ✓ Insect repellent
- ✓ Trekking poles (optional)
- ✓ Flashlight (optional)

## ADDITIONAL RESOURCES

For information visit [trails.lacounty.gov](http://trails.lacounty.gov) or any of our partners' websites at [nps.gov](http://nps.gov), [parks.ca.gov](http://parks.ca.gov), [smmc.ca.gov](http://smmc.ca.gov), [lamountains.com](http://lamountains.com), or [rmc.ca.gov](http://rmc.ca.gov). Visitor Center for Santa Monica Mountains National Recreation Area, (805) 370-2300

## MAP DISCLAIMER

This map was created for informational purposes only. Reasonable effort has been made to ensure the accuracy of the maps, images, and data provided; nevertheless, some information may not be accurate.